

CRISIS CARE

MENTAL HEALTH EMERGENCIES

What is a Mental Health Emergency?

A person experiencing a mental health emergency, crisis, or episode may have thoughts or behaviors that interfere with their daily living or functioning. They may be in danger of hurting themselves or others. This experience can occur suddenly without warning or build slowly over time. No matter the cause, a person in crisis needs immediate and careful attention by trained mental health professionals.

Warning Signs May Include:

Trouble with daily tasks • Sudden, extreme mood changes • Increased agitation • Abusive behavior • Isolation • Paranoia
Symptoms of psychosis like difficulty recognizing family or friends, hearing voices, or seeing things that aren't there

"Warning Signs of a Mental Health Crisis." NAMI, www.nami.org/Support-Education/Publications-Reports/Guides/Navigating-a-Mental-Health-Crisis.

**24-HOUR
CRISIS LINE
219.476.4523**



How does Porter-Starke Services help?

Porter-Starke Services provides a range of care and treatment designed specifically to help people experiencing a crisis.

- **Crisis Center**

Our Crisis Center provides short-term observation and care (up to 24-hours) in a less restrictive setting than a psychiatric hospital. The center, which is open 24/7 and accepts walk-ins for both adults and youth, offers a calming place to assess for care, peer and crisis support, and mental health or medical care before potential referral to outpatient, inpatient, or crisis stabilization services.

- **Inpatient Care Center**

The Inpatient Care Center provides adults (18 years and older) who are experiencing a mental, emotional, or behavioral episode or crisis with acute psychiatric and therapeutic care in a secured setting. Available 24/7/365, this short-term care option serves up to 16 people and upon discharge, includes planning for outpatient aftercare and services.

- **Emergency Services**

Our Emergency Services team provides assessments for people admitted to local hospitals and emergency rooms who may be experiencing a mental health crisis. This team is also available by phone or walk-in during normal business hours, and can recommend a course of treatment that may include inpatient or outpatient care.

- **Mobile Crisis Team**

The Porter-Starke Services Mobile Crisis Team responds to crises out in the community. Our team of mental health professionals arrive to assess the situation, offer support, provide immediate care, and connect people with other programs, treatment, or social services. Responding to people where they are enables the Mobile Crisis Team to help de-escalate situations, build rapport, and prevent medically unnecessary hospital visits or legal charges.

Porter-Starke Services CRISIS CENTER • 219.476.4523

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For General Information 219.531.3500 • Learn More at porterstarke.org