

## *Hendricks Regional Health* **Orthopedic Center of Excellence**



### **What is the Hendricks Regional Health Orthopedic Center of Excellence?**

The Center is an orthopedic and spine surgery program that brings high-quality, award- winning care together with nationally recognized patient experience.

### **What steps do I need to take to start the surgery process?**

**Step 1:** See a healthcare provider to have your joint or muscle pain evaluated. This can be through your primary care office or your employer Wellness Clinic. You may also contact Hendricks Regional Health for an appointment with a sports medicine physician at (317) 718-4263 at our Avon, Brownsburg or Danville locations.

**Step 2:** If your provider recommends you for surgery, you will call the scheduling line at (317) 386-5630 and give your name, date of birth, trust name and other clinical information to schedule a virtual or in-person visit with a Hendricks Regional Health orthopedics provider.

### **Will I have to visit Hendricks Regional Health before the surgery, or can this be done virtually?**

Some patients may have the option to be seen virtually for their pre-surgical appointment. This depends on the type of surgery needed and the patient's medical history.

### **If I have already received testing from another health system or another provider, will you need to redo all the lab, imaging services and evaluations?**

If you've had medical tests or evaluations to assist in determining a diagnosis recent enough, and we can get your records, you may not have to be re-tested or re-evaluated. If we don't have enough information, we may request follow up testing and evaluations as necessary to determine if surgery is your best option.

### **How much will the surgery cost me?**

The surgery itself has no out-of-pocket cost (the most expensive part), but check with your trust for details. You may incur charges for pre-surgical evaluation and post-operative therapy. Costs may be partially offset by shared savings ranging from \$500 to \$1,500\* which you will receive from your trust after the surgery.

### **How do I get the shared savings check?**

If you have surgery at the Hendricks Regional Health Orthopedic Center of Excellence, your trust will issue you a shared savings check ranging from \$500 to \$1,500\* after surgery.

### **If I live far away, will I have to come back for physical therapy at Hendricks Regional Health?**

No, we have a statewide network of physical therapy partners that are happy to care for you close to your home. Physical therapy services will apply toward your existing health plan coverage. However, you may have one therapy session at Hendricks Regional Health the day after your procedure.

### **If I live far away, will hotel accommodations be included?**

A one-night hotel stay may be provided and arranged by our Concierge when determined necessary by your surgeon.

*\*Subject to applicable taxes*



## What orthopedic surgeries and procedures are included through the Center of Excellence program?

- ACL Reconstruction
- Cervical Fusion
- Carpal Tunnel Release
- Cubital Tunnel Release
- Foot & Ankle Procedures:
  - Ankle Exostectomy
  - First Ray Procedures
  - Hammertoe
- Ganglion Cyst Excision
- Gastrocnemius Recession
- Joint Replacement Procedures:
  - Ankle
  - Hip
  - Knee
  - Shoulder
- Knee Arthroscopy
- Ligament & Tendon Repair
- Lumbar Decompression Laminectomy
- Muscle Repair
- Posterior Lumbar Fusion
- Rotator Cuff Repair
- Shoulder Arthroscopy
- Labral Repair of Shoulder
- Trigger Finger Release



Scan here to visit [Hendricks.org/COE](https://Hendricks.org/COE) and learn more.  
Or call: (317) 386-5630



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