

HEALTHY

Eating

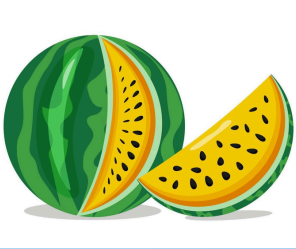





Welcome the Fresh Fruits and Veggies Program!!!

Welcome back to School! We're super excited to bring something new to the kids this year with the Fresh Fruits and Veggies program.

Fresh Fruits and Veggie Program allows us to try the fresh tastes of fruits and veggies from Indiana, around the US and even around the world while learning about healthy eating.

This month we will be sampling some new items along with some of your kids favorites. When they come home as them how they liked the fruit and veggie of the week!

Have a wonderful healthy September

	Monday	Tuesday	Wednesday	Thursday	Friday	
	2 Labor Day	3	4	5	6	
Juicy Yellow Watermelon	9	10		12		
Crispy Cauliflower						
Sweet Mango	16	17		19		
Jicama						
Sweet White Grapes	23	24		26		
Crunchy Green Peppers						
	30					
Look For Next Months Fresh Fruit and Veggies.						

2024 *September*