Your Benefit Website

www.mybensite.com/porter

Username: porter Password: benefits <u>View All Your Benefit Plan Documents</u>

Medical · Dental · Vision Life · Disability Employee Assistance Program

Enrollment & Claim Forms Medical & Prescription Forms Links to TRF & PERF Contact Information Trust Newsletters

ALL YOUR BENEFITS IN ONE LOCATION

proactive md

(844) 458-2800 www.healthcenters.proactive-md.com/portertrust

> <u>Convenient Locations</u> East Chicago · Knox · Merrillville Monticello · Plymouth · Valparaiso Open Monday through Saturday Hours Varying by Location

NO COST TO MEMBERS

Primary Care · Acute Care · Generic RX · Labs Personal Health Coach · Smoking Cessation · Etc.

After Normal Business Hours Call (844) 458-2800 (same number)

Press 1 for Urgent or 2 for Non-Urgent Your call will be returned within 15 minutes

Porter County Schools Employees' Insurance Trust

Anthem

MEDICAL & PRESCRIPTION

www.anthem.com

Medical (833) 578-4441

Prescriptions (833) 267-2133

Benefit Plan Documents Explanation of Benefits (EOBs) Deductibles Out-of-Pocket Maximums Refill a Prescription Find a Provider Order an ID Card

Download the Anthem Sydney App for Tools and a Digital ID Card Sydney



Members being prescribed certain high-cost medications will qualify to receive eligible medications for free and the medication will be delivered to the members' doorstep.

Members and providers have full access to a pharmacist to ensure the highest level of care continuum and medication management.

To enroll in the RxProtect program, visit www.rx-protect.com/portertrust to learn more.

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Benefits Quick Reference



LIFE & DISABILITY & EMPLOYEE ASSISTANCE PROGRAM

www.mybensite.com/porter Username: porter

Password: benefits

(800) 356-9601 (Life/LTD)

www.niseap.com Password: NISenhanced

(866) 451-5465 (EAP)



Orthopedic Center of Excellence The Hendricks Regional Health (Hendricks)

Orthopedic Center of Excellence is the premier destination in Indiana for comprehensive orthopedic and spine care. Our Center of Excellence provides non-trauma surgical services to our partners' employees.

Employees receive exceptional, personalized care, rooted in Hendricks' values and unique culture — all with little or no out- of -pocket costs and a seamless experience. Plus, when employees travel to Hendricks for their procedure, a one-night hotel stay may be provided and arranged by our Concierge when determined necessary by their surgeon.

https://www.hendricks.org/coe

Porter County Schools Employees' Insurance Trust



International Specialty Drug Program

A program that significantly reduces expensive specialty drug costs for patients and employers. Patients will either travel to the Bahamas or exercise virtual telehealth options free of charge to receive treatment including a physician consultation and their specialty drugs. Medication refills will be shipped directly to the member's home. For more information, please visit their website at:

www.pricemds.com

FVH first stop health

Telemedicine and Virtual Counseling (888) 691-7867 / www.fshealth.com

Talk to a counselor

Sometimes, you just need someone to talk to. Talk to a licensed counselor to work through:

- Anxiety
- Depression
- Marital/Relationship
- Substance Use
- Work/Life Stress

Talk to a doctor 24/7

Get treatment within minutes for minor injuries, illnesses, and prescriptions. • Cough & Sore Throat

- Infection (Sinus, Ear, UTI, etc.)
- Skin Rash
- Muscle/Joint Pain
- Medication Refill