

# YOUTH SPORTS LEAGUES

Recreational Sports work on developmental skills with more advanced curriculum in a league format. Here we introduce more game play. Programs are 8 weeks long.

**Register Now-8/29**

**Cost:** \$60 members; \$120 guests (Reversible jersey additional \$10)

## BASKETBALL

**9/5-10/30**

Saturday

4-5 Years Old Co-Ed  
K-1st Grade Co-Ed  
2nd-3rd Grade Co-Ed  
2nd-3rd Grade Girls  
6th-8th Grade Co-Ed  
6th-8th Grade Girls  
Wednesday or Friday  
4th-5th Grade Co-Ed  
4th-5th Grade Girls

## OUTDOOR SOCCER

**9/5-10/30**

Saturday

4-5 Years Old  
K-1st Grade  
2nd-3rd Grade  
4th-6th Grade



## CROSS COUNTRY

**9/5-10/30**

Monday/Wednesday

4th-5th Grade  
6th-8th Grade

## VOLLEYBALL

**9/5-10/30**

Tuesday

2nd-3rd Grade Co-Ed  
4th-5th Grade Co-Ed  
Tuesday or Thursday  
6th-8th Grade Co-Ed

# YOUTH SPORTS CLINICS

Youth sports instructional clinics are a fantastic way to introduce children to a new sport and prepare them to play at the league level. YMCA trained staff lead players in engaging drills and games designed to develop the fundamental skills required for the sport while they make new friends and have a blast. Everyone plays, learns and wins in YMCA monthly sports clinics! Clinics are grouped in grade brackets that are 45 minute sessions with gym shoes and sports attire required and equipment is provided.

**Cost:** \$23 members; \$46 guests



## ARCHERY

1st-2nd Grade  
3rd-4th Grade  
5th-8th Grade  
Friday/Saturday  
(September Only)



## BASKETBALL

2nd-4th Grade  
2nd-6th Grade Girls  
5th-8th Grade  
Tuesday



## DODGEBALL

5-8th Grade  
Saturday  
(October Only)



## SOCCER

K-1st Grade  
2nd-3rd Grade  
4th-6th Grade  
Friday



## VOLLEYBALL

K-1st Grade  
2nd-4th Grade  
5th-8th Grade  
Wednesday



For more details on leagues and clinics go to [crymca.org/programs/youth-sports](http://crymca.org/programs/youth-sports).  
Register online at [crymca.org](http://crymca.org) or at the Dean & Barbara White Southlake YMCA,  
100 W. Burrell Drive, Crown Point, IN 46307.