

Boone Grove Middle School

2020-2021 CYCLE MENU

Student Meal Deal Lunch / Milk = \$2.60 Extra Milk= .50
Student Breakfast / Milk= \$1.45 Reduced Breakfast / Milk= \$0.20 Reduced Lunch / Milk = .40

FRESH FRUIT, FRESH VEGETABLES & MILK CHOICES SERVED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
Orange Week Pizza Crunchers Potato Wedges Fresh Garden Bar Fresh Fruit Milk	Beef Tacos or Grilled Chicken Taco Rice Black Bean Salad Salsa Shredded lettuce Seasonal Fruit Milk	Grilled Ham and Cheese Baked Beans Fresh Garden Bar Seasonal Fruit Milk	Mashed Potato Bowl (mashed potatoes/gravy popcorn chicken, corn) Fresh Carrots & Celery Seasonal Fruit Milk	DOMINO'S PIZZA Fresh Garden Bar Seasonal Fruit Milk
Green Week French Toast Sticks or Pancakes Breakfast Sausage Hash Brown Potato Fresh Carrots & Celery Assorted Fruit Juice Milk	Nacho Supreme or Layered Taco Cup Refried Beans Salsa Shredded lettuce Seasonal Fruit Milk	Assorted Pizza Baked Fries Steamed Broccoli Seasonal Fruit Milk	Chicken Tenders or Spicy Chicken Tenders Potato Wedges Fresh Carrots & Celery Seasonal Fruit Milk	Stir-Fri-Day Oriental Chicken Brown Rice Peas/Carrots Fortune Cookie Seasonal Fruit Milk
Blue Week Bosco Sticks/ Marina Steamed Broccoli Fresh Garden Bar Seasonal Fruit Milk	American Hamburger or Hot Dog French Fries Seasoned Green Beans Seasonal Fruit Milk	Hot Turkey Sandwich Baked Onion Rings Steamed Broccoli Chilled Applesauce Milk	Grilled Chicken Potatoes Bites Seasoned Green Beans Fresh Garden Salad Blueberry Oat Bar Milk	DOMINO'S PIZZA Fresh Garden Bar Seasonal Fruit Milk
Red Week Grilled Chicken Sandwich or Chicken Patty Sandwich Onion Rings Fresh Garden Bar Seasonal Fruit Milk	Wolf Basket Mini Corn Dogs Hot Pretzel Bites Tater Tots Cheese cup Fresh Fruit Milk	Assorted Pizza Baked Fries Steamed Broccoli Seasonal Fruit Milk	Chicken Parmesan/sauce or Pasta w/Meat sauce Steamed Green Peas Seasonal Fruit Milk	Sloppy Joe's or BBQ Pork Sandwich Onion Rings Fresh Carrots & Celery Hummus Seasonal Fruit Milk

FOOD SERVICE OFFICE:

Director
 Tonia Batesole
 260 S. 500 W.
 Valparaiso, IN
 46385

219-306-8600
 Ext. 2141

BG Café:
 Loretta Rowland
 Manager

219-306-8600
 Ext. 3200



Good Habits Each Day

5 or more fruits or veggies

2 hours or less of TV

1-hour exercise

0 sugary drinks

EAT SMART, MOVE MORE

August						
Su	M	Tu	W	Th	Fri	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24	28	26	27	28	29

September						
Su	M	Tu	W	Th	Fri	Sa
	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Other lunch choices served daily
 Wrap: Pizza-able: Chef/Veg Salads, PB&J

Breakfast Menu
 (1) Entrée Choice, (1 c.) Fruit or Fruit Juice, (1) Low / Fat Free Milk (daily choice Cereal; Muffin; Donuts)
 Monday- Mini Pancakes
 Tuesday- Breakfast Pizza
 Wednesday-Parfait
 Thursday- Egg Sandwich
 Friday- Bagel

October						
Su	M	Tu	W	Th	Fri	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November						
Su	M	Tu	W	Th	Fri	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December						
Su	M	Tu	W	Th	Fri	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

The USDA is an equal opportunity provider and employer. All menus on line at www.ptsc.k12.in.us
 Menu is subject to change without notice due to price and availability of food. Holiday and Special events menus will be added respectfully.