



Meal Storage and Heating Instructions

We hope you enjoy your meals! Please take a few moments to read the information below regarding storage and preparation of your meal. All foods requiring refrigeration need to be kept at a temperature of 40 °F or below. Shelf-stable items should be stored at a temperature of 85 °F or below.

Storage

All Fresh Milk & Juices-Refrigeration required. Consume by the "Best By" date located on the product.

All Cereals, Crackers, Chips, Sunflower Seeds - Shelf-stable. No refrigeration required. Consume by the "Best By" date located on the product.

Grain-Based Breakfast Pastries- Previously frozen product. Shelf-stable, but consume within 5 days.

Fresh Whole Fruit- Refrigeration recommended, but not required.

All Shelf-Stable Fruit - (e.g.: Applesauce cups, Raisins, etc) - Shelf-stable. No refrigeration required. Consume by the "Best By" date located on the product.

Fresh Processed/Bagged Fruit & Vegetables- Refrigeration required. Consume by the "Best By" date located on the product.

String Cheese- Refrigeration required. Consume within 5 days.

Lunch Items that require heating (e.g.: Mini Cheeseburgers, Burritos, Pizza, etc) – Store in refrigeration until ready to heat & consume. Store in refrigerator no longer than 5 days. Heat up following the heating instructions on this form below, and consume within two hours.

Cold Sandwiches (e.g.: PBJ, Wraps, Sub Sandwich, etc) – Refrigeration required. Previously frozen products. Consume within 5 days.

HEATING INSTRUCTIONS

A) If item has heating instructions on packaging, follow the manufacturer's recommended heating instructions on package.

B) If item does not have heating instructions on the packaging, follow these instructions to safely heat:

***Please note: Since the type of products vary, and all microwaves and ovens vary in power, all cooking times are approximate and may need to be adjusted**

MICROWAVE, FROM Thawed:

Remove the item(s) from the package. 2. Microwave on HIGH for 45 seconds. 3. Product is ready to consume when an internal temperature of at least 165°F degrees is reached. 4. If product has not reached an internal temperature of at least 165°F, continue to reheat on HIGH in 15-20 second intervals until minimum internal temperature of 165°F is reached. 5. Remove item from microwave, and let sit for one minute before consuming. 6. Consume within 2 hours.

***CAUTION: Product will be hot. Consume with caution.**

OVEN, FROM THAWED:

Heat oven to 325°F. 2. Remove the item(s) from the package, place product on baking sheet, and cook in the oven for 20-25 minutes. 3. Product is ready to consume when an internal temperature of at least 165°F degrees is reached. 4. If product has not reached an internal temperature of at least 165°F, continue to cook in oven, checking every 5-10 minutes until minimum internal temperature of 165°F is reached. 5. Remove item from oven and let sit for 5-10 minutes before consuming. 6. Consume within 2 hours.

***CAUTION: Product will be hot. Consume with caution.**

*****IMPORTANT*** For anyone who has allergies, please be sure to read ALL labels before consuming.**