

# Boone Grove High School

## 2019-2020 CYCLE MENU

Student Meal Deal Lunch / Milk = \$2.50 Extra Milk= .50

Student Breakfast / Milk= \$1.35 Reduced Breakfast / Milk= \$0.10 Reduced Lunch / Milk = .50

**FRESH FRUIT, FRESH VEGETABLES & MILK CHOICES SERVED DAILY**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Orange Week</b></p> Pizza Crunchers Potato Wedges Fresh Garden Bar Fresh Fruit Milk	Beef Tacos or Grilled Chicken Taco Rice Black Bean Salad w/chips Salsa Shredded lettuce Seasonal Fruit Milk	American Hamburger or Hot Dog Tater Tots Seasoned Green Beans Seasonal Fruit Rice Krispies Treat Milk	<p><b>Mashed Potato Bowl</b>                      (mashed potatoes/gravy                      popcorn chicken, corn)  <b>Fresh Baked</b> Dinner Roll                      Fresh Carrots &amp; Celery                      Seasonal Fruit                      Milk</p>	<p><b>DOMINO'S PIZZA</b></p> Fresh Garden Bar Seasonal Fruit Milk
<p><b>Green Week</b></p> French Toast Sticks or Pancakes Breakfast Sausage Hash Brown Potato Fresh Carrots & Celery Assorted Fruit Juice Blueberry Oat Bar Milk	Nacho Supreme or Meatless Layered Taco Refried Beans Salsa Shredded lettuce Seasonal Fruit Milk	Assorted Pizza Baked Fries Steamed Broccoli Seasonal Fruit Milk	Chicken Tenders or Spicy Chicken Tenders Potato Wedges Fresh Carrots & Celery Seasonal Fruit Rice Krispies Treat Milk	<p><b>Stir-Fri-Day</b></p> Oriental Chicken Brown Rice Peas/Carrots Fortune Cookie Seasonal Fruit Milk
<p><b>Blue Week</b></p> Bosco Sticks/ Marina Steamed Broccoli Fresh Garden Bar Seasonal Fruit Milk	Chicken Leg w/Dinner Roll Baked Beans Tater Tots Fresh Garden Bar Seasonal Fruit Milk	Grilled Cheese and Tomato Soup Baked Onion Rings Steamed Broccoli Chilled Applesauce Milk	<p><b>Grilled</b> Chicken                      Potatoes Bites                      Seasoned Green Beans                      Fresh Garden Salad                      Blueberry Oat Bar                      Milk</p>	<p><b>DOMINO'S PIZZA</b></p> Fresh Garden Bar Seasonal Fruit Milk
<p><b>Red Week</b></p> Grilled Chicken Sandwich or Chicken Patty Sandwich Onion Rings Fresh Garden Bar Seasonal Fruit Milk	<p><b>Wolf Basket</b></p> Mini Corn Dogs Hot Pretzel Bites Tater Tots Cheese cup Fresh Fruit Milk	Assorted Pizza Baked Fries Steamed Broccoli Seasonal Fruit Milk	Chicken Parmesan/sauce or Pasta w/Meat sauce Dinner Roll Steamed Green Peas Seasonal Fruit Milk	BBQ Pork Sandwich or BBQ Rib Sandwich Potato Wedges Fresh Carrots & Celery Hummus Seasonal Fruit Milk

**FOOD SERVICE OFFICE:**

Director  
 Tonia Batesole  
 260 S. 500 W.  
 Valparaiso, IN  
 46385

219-306-8600  
 Ext. 2141

**BG Café:**  
 Kellie Wilkerson  
 Manager

219-306-8600  
 Ext. 2140



**Good Habits Each Day**

5 or more fruits or veggies

2 hours or less of TV

1-hour exercise

0 sugary drinks

**EAT SMART, MOVE MORE**

**January**

Su	M	Tu	W	Th	Fri	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**February**

Su	M	Tu	W	Th	Fri	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

**Other lunch choices served daily**  
 Wrap, PB&J

**Breakfast Menu**

(1) Entrée Choice, (1 c.) Fruit, (1) Low / Fat Free Milk

Multiple items available daily. Breakfast Pizza, Sausage/Egg Biscuit, Biscuits & Gravy and a variety of other breakfast items. All breakfast includes 100% juice or fresh fruit and milk. Limited ala cart sales.

**March**

Su	M	Tu	W	Th	Fri	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**April**

Su	M	Tu	W	Th	Fri	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

**May**

Su	M	Tu	W	Th	Fri	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30

The USDA is an equal opportunity provider and employer. All menus on line at [www.ptsc.k12.in.us](http://www.ptsc.k12.in.us)  
 Menu is subject to change without notice due to price and availability of food. Holiday and Special events menus will be added respectfully.